

EVENT 2026 GUIDE



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INTRODUCTION

Welcome to Salt To Saint Relay 2026!

You're about to embark on one of the hardest and most fulfilling relay events in Utah. There will be ups, and maybe a few downs...but without a doubt, you'll look back on this event as one of your all-time favorites. You've trained hard to get here, and we can't wait to see you toughing it out on the course!

This Event Guide includes helpful information that is for the safety and benefit of all Salt To Saint Relay participants. It does not take the place of the Event Bible, and it does not include all rules. It is the responsibility of every Rider and Crew Member to read the Event Bible carefully.

We can in no way foresee all potential situations or problems and thus cannot guarantee the absence of accidents. However, with the help of all participants, volunteers, and city as well as state agencies, we are confident the Event can be enjoyed without major problems. If all riders and support crews follow the advice and recommendations included here, the potential for accidents can be signifi-cantly decreased. Team Captains are responsible for knowing and understanding all content included in the Event Guide and for educating team members on the important information. We recommend that **all** participants read through this Guide.

Event organizers have the authority and right to change, update or adjust these rules as they see fit. If you have any questions, concerns or recommendations after reading this Guide, please contact us.



EVENT DIRECTOR Clay Christensen

info@salttosaint.com **801-234-0399**

FACEBOOK facebook.com/salttosaint

INSTAGRAM @salttosaint
#salttosaint2026

WEB SITE salttosaint.com

EVENT DATE September 25th – 26th 2026

2026 COURSE

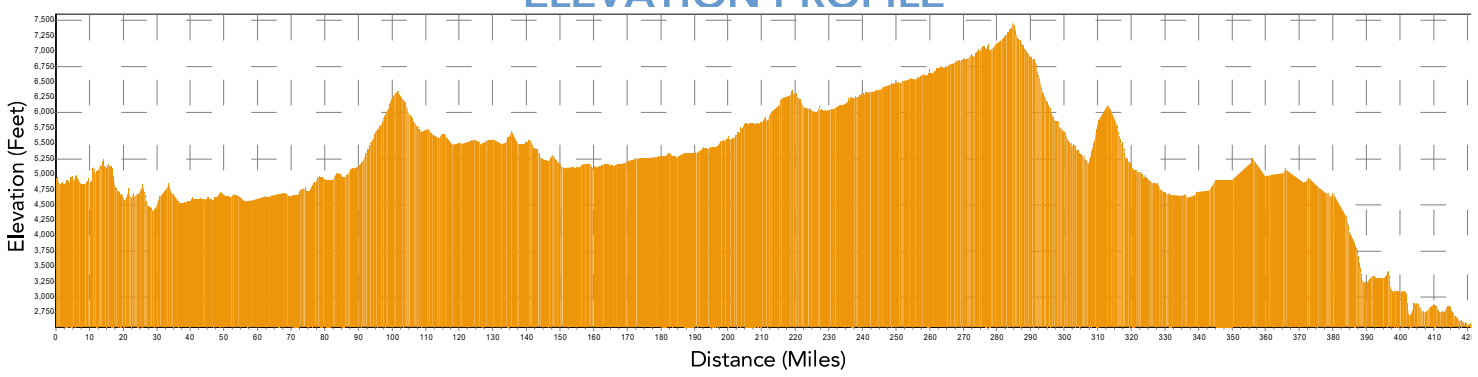
COURSE OVERVIEW

429.2 Miles
13,095' Gain
15,113' Loss

1 - Start To Draper - 22.9 Miles, +1486', -1713'
2 - Draper To Lehi - 12.6 Miles, +1702', -1583'
3 - Lehi To Utah Lake - 21.6 Miles, +616', -770'
4 - Utah Lake To Goshen - 18.6 Miles, +242', -181'
5 - Goshen To Nephi - 23.3 Miles, +696', -230'
6 - Nephi To Fountain Green - 13.9 Miles, +1165', -413'
7 - Fountain Green To Ephraim - 22.2 Miles, +174', -594'
8 - Ephraim To Sterling - 14.7 Miles, +325', -262'
9 - Sterling To Salina - 22.3 Miles, +121', -531'
10 - Salina To Richfield - 19.5 Miles, +207', -52'
11 - Richfield To Sevier - 16.7 Miles, +377', -85'
12 - Sevier To Marysvale - 12 Miles, +371', -105'
13 - Marysvale To Circleville - 21.1 Miles, +663', -449'
14 - Circleville To SR20 - 17.2 Miles, +427', -0'
15 - SR20 To SR12 - 17.2 Miles, +305', -52'
16 - SR12 To SR14 - 20.4 Miles, +873', -151'
17 - SR14 To Mt. Carmel Jct - 22.4 Miles, +82', -2329'
18 - Mt. Carmel Jct To Kanab - 17.3 Miles, +1073', -1322'
19 - Kanab To Pipe Spring - 20.5 Miles, +528', -541'
20 - Pipe Spring To Colorado City - 16.8 Miles, +573', -446'
21 - Colorado City To Apple Valley - 12.7 Miles, +312', -576'
22 - Apple Valley To Hurricane - 13.8 Miles, +168', -1643'
23 - Hurricane To Warner Valley - 17.8 Miles, +642', -1160'
24 - Warner Valley To Finish - 13 Miles, +503', -430'

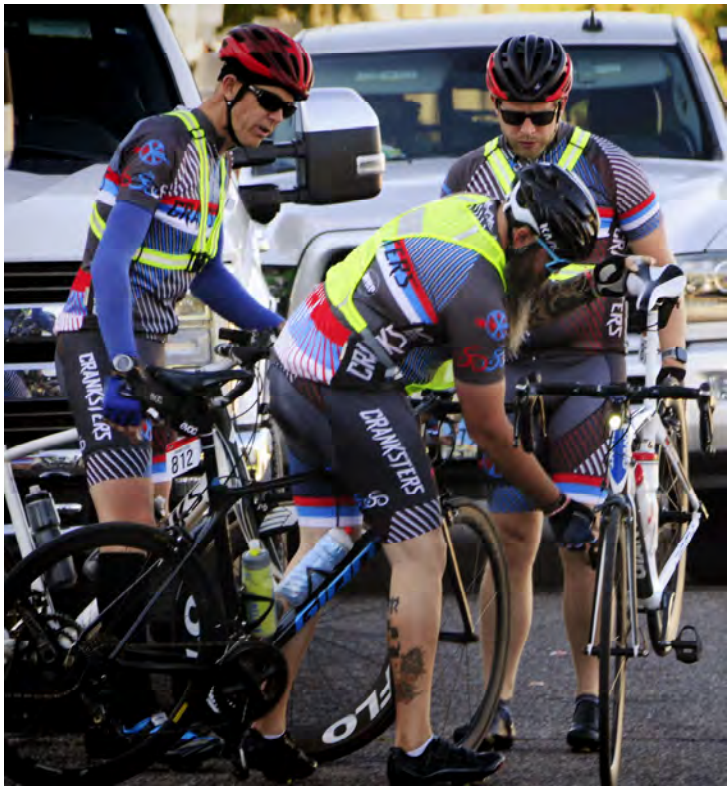
Note: Due to minor differences in mapping software and GPS calculations, these distance and elevation markings should be considered approximate. Actual elevations and distances may vary slightly, and the cumulative miles may not perfectly sync between this Guide, our website, and your devices.

ELEVATION PROFILE



SAFETY IS OUR TOP PRIORITY!

SAFETY! SAFETY! SAFETY!



Safety is the most important thing of all.
Road cycling can be a dangerous sport.

There are obstacles such as rumble strips, pot–holes and other road damage to be aware of, and then there are those large motorized things to deal with. While riding at night time, you MUST have adequate lighting. Some will be riding a lot of miles, and fatigue can become a serious issue. When you are aware of the potential for danger, we can work together to mitigate risk, follow the rules and use our best judgment. This way, we will all have a blast and accomplish something amazing!

*** Participants and support crew must follow **all** road regulations. ***

Following the rules and guidelines will lessen the possibility of accidents. There is no need to take unnecessary risks. Any who are found not obeying road regulations are subject to disqualification from the event. ***We can not tolerate the risks and hazards that come from disobeying road regulations.***

Headlights and tail lights are required for night time riding and are HIGHLY recommended for use in the day time. A flashing tail light can be seen from a long distance and is an inexpensive way to improve safety.

"The Law" is Always Watching

Course Officials, "The Law", will be driving the course during event hours, looking for rule violators and safety hazards. They have the authority to disqualify any team or give time penalties or any pther consequence they see fit. They are there to help keep the event safe. Please treat them with respect and inform them if you see any problems. For safety purposes, we require that you follow certain guidelines.
Be sure to read and understand the safety section in its entirety to avoid problems, disqualification or accidents.

ALL TRANSITION AREAS: participants, support crew, family and friends must stay off the road. Maintain awareness and do not wander from the shoulder. Roads remain open to traffic, and being on the road is dangerous to everyone.

GENERAL POINTS

Yes, it's a Ride, not a Race... but...

- Technically, the Salt To Saint Relay is a "Ride" not a "Race" but that doesn't mean you shouldn't give your best. However, participants who don't follow road regulations in effort to get a faster time and place better in the final standings may put our event in jeopardy of cancellation. We have worked with UDOT, local municipalities, and the UHP to make this event possible. Your adherence to our rules and guidelines is critical to the continued success of the Salt To Saint.

- As you head down the course you will find that some Transition areas are sponsored / manned by some or our great partners and sponsors. Please remember to say Thank You for their effort to support this awesome event.

- Each Transition along the route has a restroom available. Most are portable toilets, although some are park or building restrooms. See the individual leg diagrams for the locations of the restrooms.

- Start times have been based according to the estimated speed each team indicated upon registration. If a team is much faster or slower than their estimated time, they may arrive before or after a Transition or Finish is available.



- Team Numbers
  - * 8 Rider Teams are numbered in the 800's
  - * 4 Rider Teams are number in the 400's
  - * Solo Riders are numbered from single digits through 20
  - * Open Teams are numbered in the 2, 3, 5, 6, 7 and 900's

TRACKING YOUR TEAM

Tracking

https://www.salttosaint.com/live-tracking/
https://trackleaders.com/salt2saint26

The Salt To Saint will be using Trackleaders.com to track our teams. To clarify, this is a "tracker", not a timing chip. The tracker allows us to know where all riders are at any given point in tim... and it allows you to keep tabs on the other teams to reel them in and crush their hopes and dreams! The tracker follows riders in real time and reports back every 5 minutes. This 5-minute gap means there is a chance you will see your rider in person before you see him/her at your location on the tracker. However, it is a great to way to view the event either as a support team or as someone watching from home.



The trackleaders tracking site will give you all sorts of good info like average speed, estimated arrival time, leader board, etc.

Instructions

1) Do not touch the buttons unless instructed to by Salt To Saint Representative
2) Remember to put the tracker in your jersey pocket with the SPOT logo facing out; that is where the antenna can get the best satellite reception
3) Hand the tracker off to the next rider and let them continue on down the course
4) Make sure to share your team's tracking info so everyone at home can follow you on your adventure!

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CONTESTS

Best Photo & Video

Bring your cameras along, because if everyone does, we should have nearly 1000 photographers along the course route! Not only will you be able to capture unforgettable memories, but if your picture is chosen as one of our best pictures you will win some awesome prizes!

- To be entered, you must submit your photo and video entries by 11:59 pm on October 1st, 2026
- Voting will take place the following week.
- **Contest details will be emailed to all participants following the event.**



2025 Photo Contest Winner: Erica Duran
Team: The Downhill Wonders (Ken at rear is legally blind)

The winner of the video contest will win one free team entry to next year's Salt to Saint Relay!

KOM / QOM COMPETITION





the Advocates
INJURY ATTORNEYS



Partnering with an experienced bicycle accident attorney is the best way to **prevent** insurance companies from **taking advantage** of your bicycle injury claim. With our help, you can potentially **increase** the value of your case by up to 3.5 times* compared to settling on your own.

We're here to help you cross the finish line.

*Past results are not a guarantee of future results. Every case is different and must be judged on its own merits.

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GET YOUR GEAR

Add a little more STYLE to your smile!

Check out the START and FINISH lines for kit and threads that will turn heads and create miles of smiles...You'll be glad you did!





BE RESPECTFUL

Tips and Hints

- Limit your stopped time at the Transition points…
  Quick in and quick out can improve your time significantly.
- Try to sleep when you can. Catch a little nap at Transitions when you have a window.
- Stay hydrated and ahead of your nutrition. Eat early, eat often, and sip constantly. Remember to use your resting periods to hydrate, hydrate, hydrate!
- Have fun and laugh … a lot! Take plenty of pictures! You'll want to remember this!

We want you to have a blast, and it's important that we leave a good impression on the cities, towns, and communities that we visit. It can be easy to get caught up in the cheering and celebrating, but remember that we are their guests. Although we tend to expect everyone around us to be as excited as we are, the reality is that others are living their busy lives while we're out playing bikes! They probably don't appreciate when we park in front of their homes and driveways, or block access to entry and exit points with our large vehicles. Exercise your quads AND good judgment!

We should always leave our transition areas better than we found them. Always dispose of trash, and be cautious entering and exiting the roadways and transition areas. Wave at everyone, smile, be friendly! Oh, and just because a church is open doesn't mean we should go inside. There could be meetings or other gatherings going on, and walking in with our biking underwear and cleats could kill the mood. In other words, BE RESPECTFUL AND COURTEOUS at all times, and in all things, and in all places... or ELSE!

MAPS & TOOLS

We have gone to great lengths to make the maps as accurate as possible. However, due to the different algorithms and calculations between the various software and hardware tools, there will be minor differences between this guide, your cycling computer or phone, our website, etc. But don't worry, WE know how hard you've trained and prepared, and WE think you're awesome! But do us a favor...stay on the course, okay?

Scan below for detailed mileage, maps, and directions for each leg and transition.

RideWithGPS Turn By Turn

Salt To Saint Online Legs

Strava Route

LEG 1 - START TO DRAPER

22.9 Miles - 1486' Gain - 1713' Loss

RIDER INFO

RIDE CONDITIONS: Shoulder, Bike Lane, Path
NET CHANGE: -227
RELAY MILEAGE: 0.0 - 22.9

Turn By Turn

0.0 - Right onto Crestview Dr
0.4 - Right onto Wasatch Dr
2.2 - Veer left to stay on Wasatch Dr
2.7 - Right onto Thunderbird Dr
2.7 - Enter Sidewalk/Bike Path
4.1 - Right on Wasatch Blvd
4.6 - Left to continue on Wasatch Blvd
9.7 - Left to continue on Wasatch Blvd
12.9 - Right to continue on Wasatch Blvd
18.5 - Left on 1700 East
19.7 - Left on 1300 East
19.9 - Take 3rd Exit of Traffic Circle to Pioneer Rd
21.0 - Right on 2000 East
22.8 - Transition Point on Right

SUPPORT VEHICLE INFO

RESTROOMS: At Transition
GAS: Fill Up Prior To Start
FOOD: Many Along Route
ROAD CONDITION: Good
TRANSITION: Parking Lot
TRANSITION ADDRESS: 1600 Highland Dr
Draper, UT

Route — Climb







ELEVATION PROFILE



LEG 2 - DRAPER TO LEHI

12.6 Miles - 1702' Gain - 1583' Loss

RIDER INFO

RIDE CONDITIONS: Shoulder
NET CHANGE: 119
RELAY MILEAGE: 22.9 - 35.5

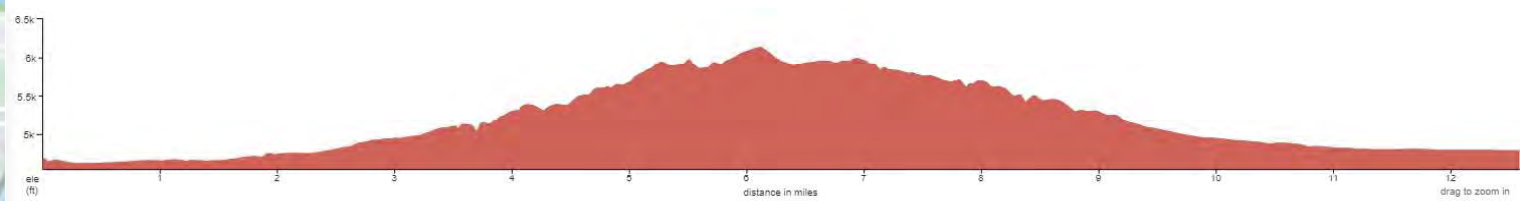
Turn By Turn

0.0 - Continue onto Highland Dr
2.6 - Left onto Traverse Ridge Rd
6.0 - Left Onto Suncrest Dr
9.4 - Continue onto Highland Blvd
11.4 - Continue onto 3200 N

SUPPORT VEHICLE INFO

RESTROOMS: At Transition
GAS: Nearby
FOOD: Smith's
ROAD CONDITION: Good
TRANSITION: LDS Church Parking Lot
TRANSITION ADDRESS: 127 E 3200 N
Lehi, UT

ELEVATION PROFILE



LEG 3 - LEHI TO UTAH LAKE

21.6 Miles - 616' Gain - 770' Loss

Note: Due to ongoing construction on 2100 N, bicycles need to stay right when approaching Redwood Rd and follow signs onto sidewalk. You will soon enter the tunnel, head N briefly before exiting tunnel to head S on Redwood. *Support vehicles turn left at 2100 N and Redwood Rd, proceeding South to transition.

RIDER INFO

RIDE CONDITIONS: Shoulder, Bike Lane
NET CHANGE: -154
RELAY MILEAGE: 35.5 - 55.8

Turn By Turn

0.1 - Continue onto E 3200 N
1.6 - Continue straight at traffic circle
2.6 - Left onto N 1200 W / N 8800 W St
3.5 - Slight right onto W 2100 N
3.8 - Continue onto UT-194 / W 2100 N
6.4 - Slight right onto path/Redwood tunnel
6.6 - Exit tunnel, hard right S to Redwood Rd
21.8 - Transition Point on the Left

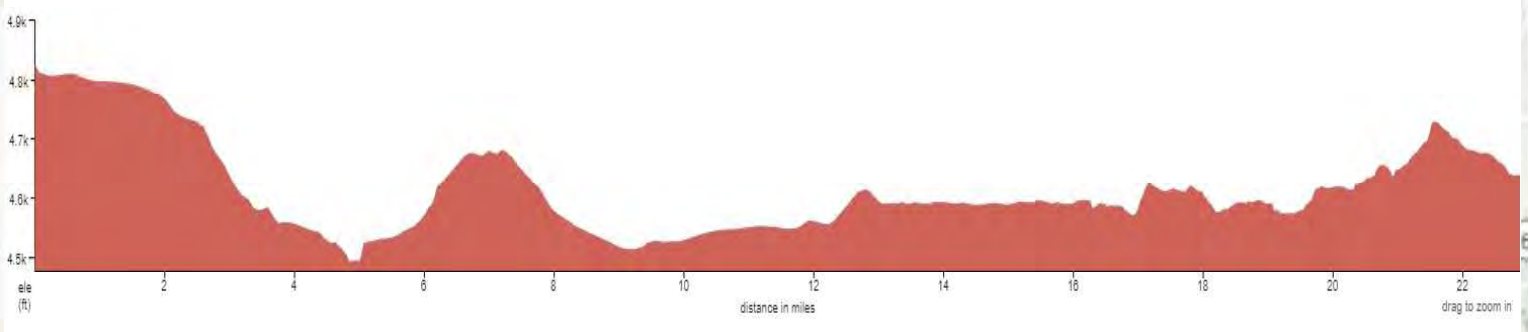


SUPPORT VEHICLE INFO

RESTROOMS: At Transition
GAS: Multiple Along Route
FOOD: Convenience Stores
ROAD CONDITION: Good
TRANSITION: Left Pull Out
TRANSITION ADDRESS: W Side of Utah Lake
40.198459, -111.901802

Support vehicles, especially RVs, MUST use the designated turn-off on the west side of the road. DO NOT PARK on the shoulder!

ELEVATION PROFILE



LEG 4 - UTAH LAKE TO GOSHEN

18.6 Miles - 242' Gain - 181' Loss

RIDER INFO

RIDE CONDITIONS: Rural, Narrow Shoulder
NET CHANGE: 61
RELAY MILEAGE: 55.8 - 74.4

Turn By Turn

3.8 - Veer left and continue
18.4 - Continue through intersection

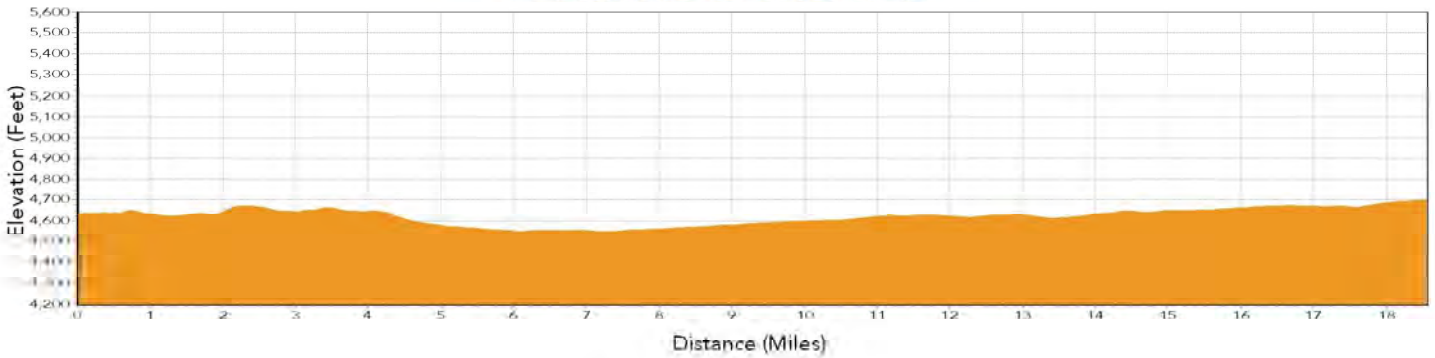
SUPPORT VEHICLE INFO

RESTROOMS: At Transition
GAS: None
FOOD: None
ROAD CONDITION: Good
TRANSITION: Parking Lot
TRANSITION ADDRESS: 12800 W Street
Elberta, UT



Route — Climb

ELEVATION PROFILE



LEG 5 - GOSHEN TO NEPHI

23.3 Miles - 696' Gain - 230' Loss

RIDER INFO

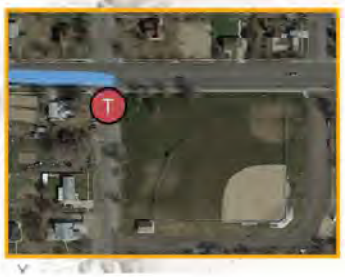
RIDE CONDITIONS: Rural, Narrow Shoulder
NET CHANGE: 466
RELAY MILEAGE: 74.4 - 97.7

Turn By Turn

2.9 - Left onto 17600 S
4.1 - Left onto Sandhill Rd
5.2 - Left staying on Sandhill Rd
5.7 - Veer right onto Triangle Ranch Rd
6.9 - Right onto Goshen Canyon Rd
14.9 - Right onto Main St
20.3 - Right onto UT-28
22.6 - Left onto 100 N

SUPPORT VEHICLE INFO

RESTROOMS: At Transition
GAS: None
FOOD: Little Caesars (21.8)
ROAD CONDITION: Good
TRANSITION: Park
TRANSITION ADDRESS: 98 N 600 E
Nephi, UT



Route — Climb

ELEVATION PROFILE



LEG 6 - NEPHI TO FOUNTAIN GREEN

13.9 Miles - 1165' Gain - 413' Loss

RIDER INFO

RIDE CONDITIONS: Rural, Shoulder
NET CHANGE: 752
RELAY MILEAGE: 97.7 - 111.6

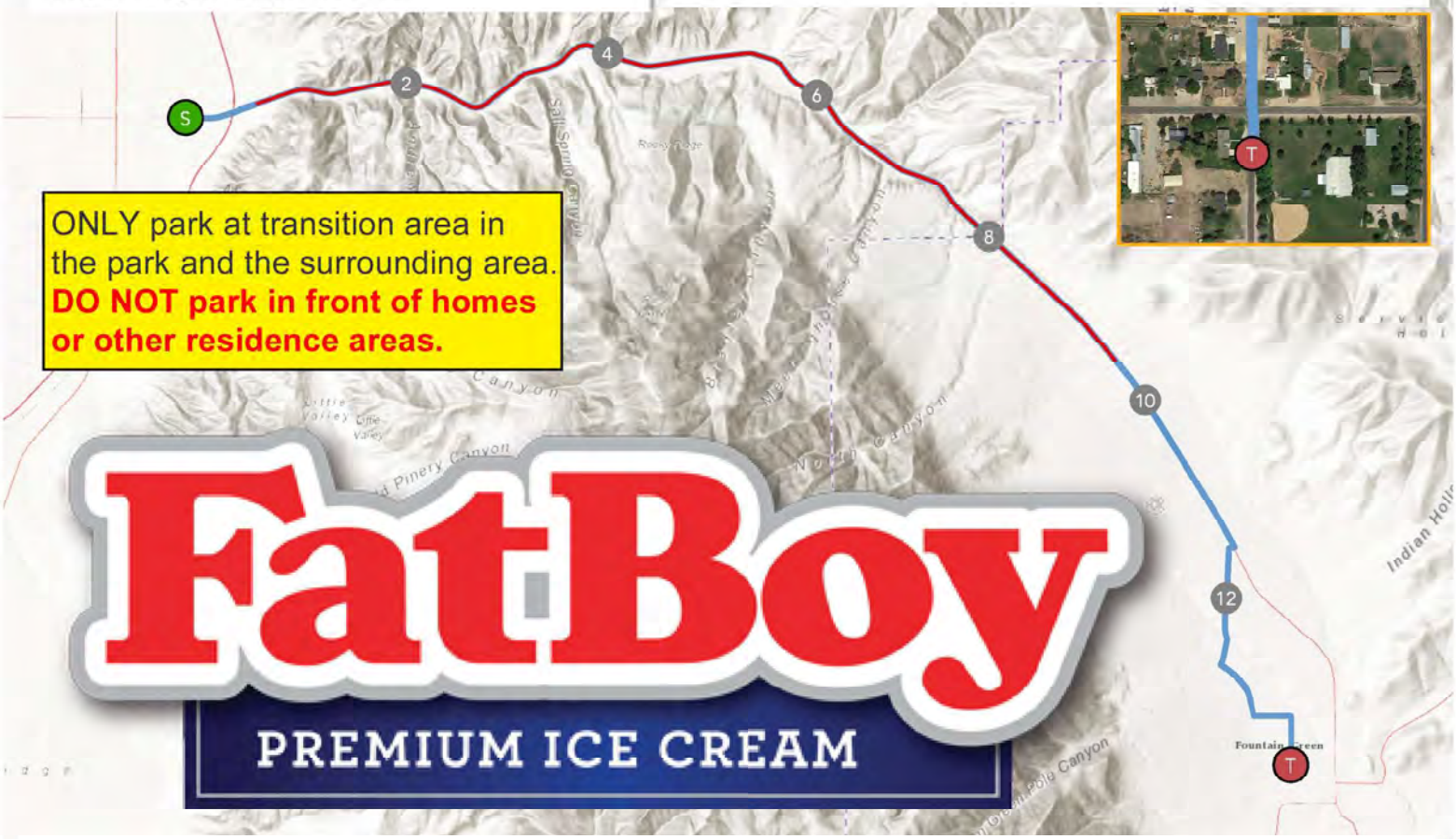
Turn By Turn

11.6 - Right onto Big Springs Loop Rd
12.6 - Left onto Big Spring Rd
12.9 - Continue onto 500 W
13.1 - Left onto 400 N
13.4 - Right onto 400 W

SUPPORT VEHICLE INFO

RESTROOMS: At Transition
GAS: Chevron (0.25), Fast Gas (0.6)
FOOD: Wendy's, Arby's (0.25)
ROAD CONDITION: Good
TRANSITION: Park
TRANSITION ADDRESS: 300 W Center
Fountain Green, UT

Route Climb



ELEVATION PROFILE



LEG 7 - FOUNTAIN GREEN TO EPHRAIM

22.2 Miles - 174' Gain - 594' Loss

RIDER INFO

RIDE CONDITIONS: Rural, Shoulder
NET CHANGE: -420
RELAY MILEAGE: 111.6 - 133.8

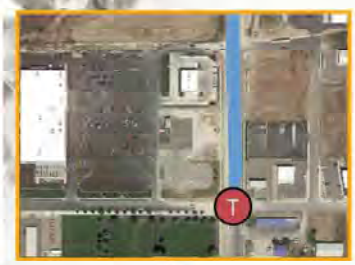
Turn By Turn

0.1 - Right onto 100 S
0.2 - Left onto 500 W
0.5 - Continue onto West Side Rd
7.4 - Continue onto 200 W
9.8 - Left onto 200 N
10.0 - Right onto State St
14.7 - Right onto UT-132
18.5 - Right onto US-89

SUPPORT VEHICLE INFO

RESTROOMS: At Transition
GAS: None
FOOD: Walmart (13.9)
ROAD CONDITION: Good
TRANSITION: Shoulder
TRANSITION ADDRESS: 700 N + Hwy 89
Ephraim, UT

Route Climb



ELEVATION PROFILE



LEG 8 - EPHRAIM TO STERLING

14.7 Miles - 325' Gain - 262' Loss

RIDER INFO

RIDE CONDITIONS: Shoulder
NET CHANGE: 63
RELAY MILEAGE: 133.8 - 148.5

Turn By Turn

0.0 - Continue South on US-89

SUPPORT VEHICLE INFO

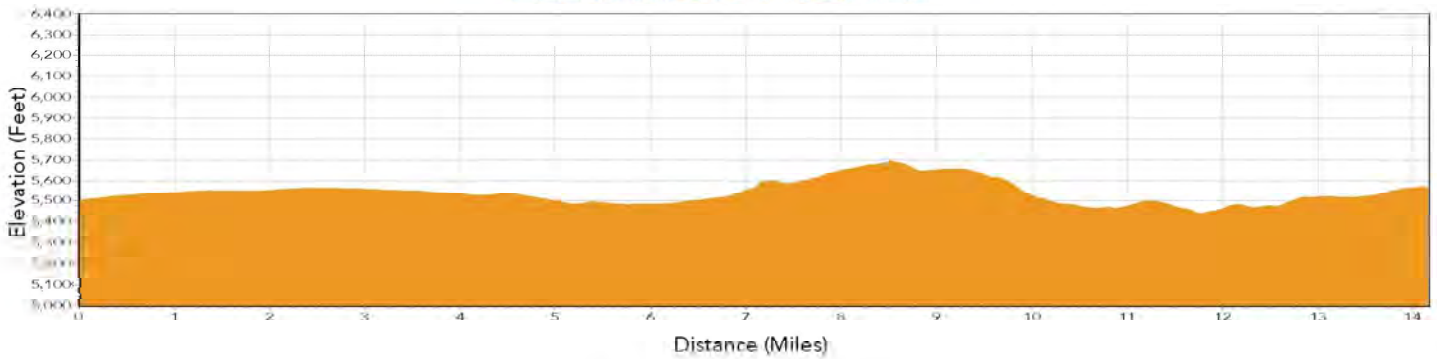
RESTROOMS: At Transition
GAS: Maverik (0.8), Chevron (7.8)
FOOD: Sodalicious (0.3), Subway (0.5)
ROAD CONDITION: Good
TRANSITION: Parking Lot
TRANSITION ADDRESS: 95 S Main St
Sterling, UT

Route Climb



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ELEVATION PROFILE



LEG 9 - STERLING TO SALINA

22.3 Miles - 121' Gain - 531' Loss



RIDER INFO

RIDE CONDITIONS: Shoulder
NET CHANGE: -410
RELAY MILEAGE: 148.5 - 170.8

Turn By Turn

8.0 - Left onto Main St
22.2 - Left onto Main St
22.3 - Right onto 200 N
22.3 - Left onto 100 W

SUPPORT VEHICLE INFO

RESTROOMS: At Transition
GAS: Conoco (8.5)
FOOD: Subway (8.8)
ROAD CONDITION: Good
TRANSITION: Parking Lot
TRANSITION ADDRESS: 250 N 100 W
Salina, UT

Route Climb

ELEVATION PROFILE



LEG 10 - SALINA TO RICHFIELD

19.5 Miles - 207' Gain - 52' Loss

RIDER INFO

RIDE CONDITIONS: Shoulder
NET CHANGE: 155
RELAY MILEAGE: 170.8 - 190.3

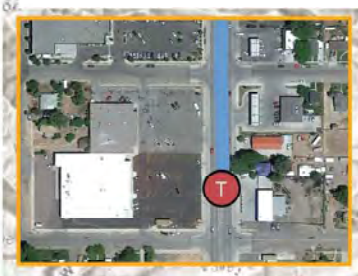
Turn By Turn

0.2 - Right onto Main St
0.8 - Veer left onto UT-24
9.0 - Continue onto UT-118
18.5 - Left onto Main St

SUPPORT VEHICLE INFO

RESTROOMS: At Transition
GAS: Maverik (0.25), Maverik (19.3)
FOOD: Lin's Market (19.3)
ROAD CONDITION: Good
TRANSITION: Parking Lot
TRANSITION ADDRESS: 360 S Main Street
Richfield, UT

Route Climb



MOUNTAINLAND™ SUPPLY COMPANY

ELEVATION PROFILE



LEG 11 - RICHFIELD TO SEVIER

16.7 Miles - 377' Gain - 85' Loss

RIDER INFO

RIDE CONDITIONS: Shoulder, Bike Path
NET CHANGE: 292
RELAY MILEAGE: 190.3 - 207.0

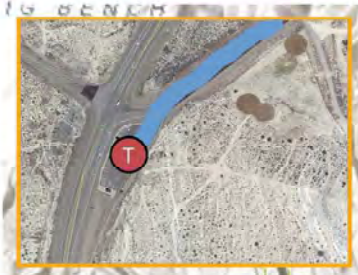
Turn By Turn

5.6 - Continue onto UT-258
7.4 - Left onto 300 W
7.5 - Continue onto Sevier Hwy Or Enter Path
12.8 - Continue on State St
16.7 - Left into Parking Lot

SUPPORT VEHICLE INFO

RESTROOMS: At Transition
GAS: Silver Eage (7.5)
FOOD: Walmart, Little Caesars (1.0)
ROAD CONDITION: Good
TRANSITION: Parking Lot - Restricted
TRANSITION ADDRESS: Sevier Hwy + Hwy 89 Jct

Route Climb



ELEVATION PROFILE



LEG 12 - SEVIER TO MARYSVALE

12 Miles - 371' Gain - 105' Loss



RIDER INFO

RIDE CONDITIONS: Bike Path, Shoulder
NET CHANGE: 266
RELAY MILEAGE: 207.0 - 219.0

Turn By Turn

0.0 - Enter Bike Path From Parking Lot
0.25 - Exit path onto US-89
11.9 - Left onto 200 N

SUPPORT VEHICLE INFO

RESTROOMS: At Transition
GAS: None
FOOD: None
ROAD CONDITION: Good
TRANSITION: Parking Lot
TRANSITION ADDRESS: HWY 89 / 200 N
Marysvale, UT

Route Climb



ELEVATION PROFILE



LEG 13 - MARYSVALE TO CIRCLEVILLE

21.1 Miles - 663' Gain - 449' Loss

RIDER INFO

RIDE CONDITIONS: Shoulder
NET CHANGE: 214
RELAY MILEAGE: 219.0 - 240.1

Turn By Turn

0.0 - Continue South on US-89
20.9 - Left onto Center St

SUPPORT VEHICLE INFO

RESTROOMS: At Transition
GAS: Tugs One Stop (0.1)
FOOD: None
ROAD CONDITION: Good
TRANSITION: Parking Lot
TRANSITION ADDRESS: 220 S Center St
Circleville, UT

Route — Climb



ELEVATION PROFILE



LEG 14 - CIRCLEVILLE TO SR20

17.2 Miles - 427' Gain - 0' Loss



RIDER INFO

RIDE CONDITIONS: Shoulder
NET CHANGE: 427
RELAY MILEAGE: 240.1 - 257.3

Turn By Turn

0.2 - Right onto 470 S
0.6 - Left onto US-89
17.1 - Right onto UT-20

SUPPORT VEHICLE INFO

RESTROOMS: At Transition
GAS: None
FOOD: None
ROAD CONDITION: Good
TRANSITION: Parking Lot
TRANSITION ADDRESS: SR 20 + Hwy 89 Jct

Route Climb

ELEVATION PROFILE



LEG 15 - SR20 TO SR12

17.2 Miles - 305' Gain - 52' Loss

Drivers of support vehicles, especially RVs, MUST pull completely into transition parking and not park on the side of the road.

Teams of vehicles parking on the side of the road instead of utilizing transition parking are subject to time penalty and/or disqualification.

RIDER INFO

RIDE CONDITIONS: Shoulder
NET CHANGE: 253
RELAY MILEAGE: 257.3 - 274.5

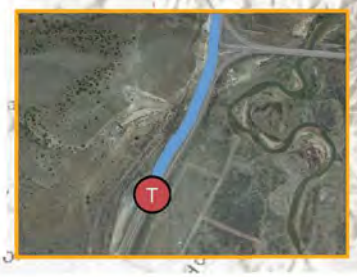
Turn By Turn

0.1 - Right onto US-89
10.2 - Left onto US-89

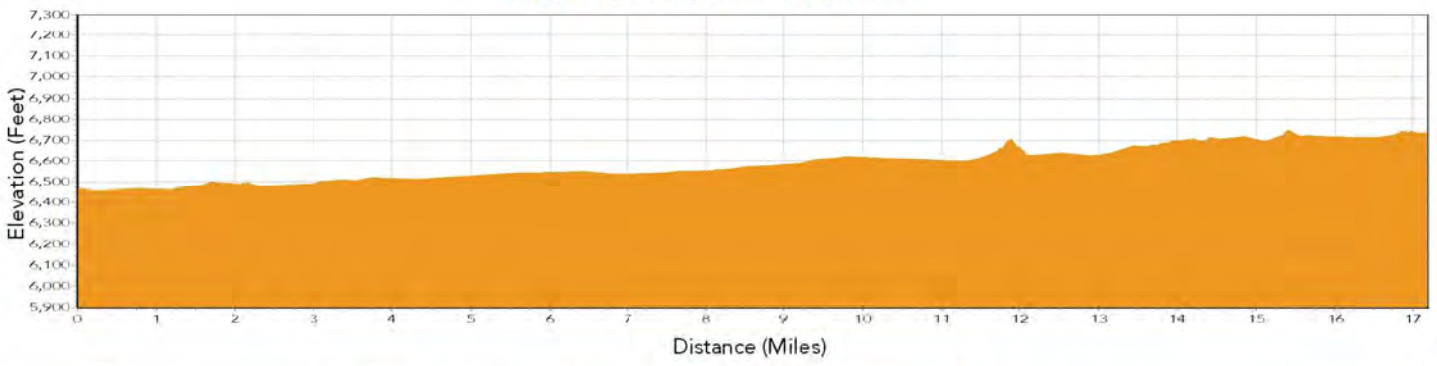
SUPPORT VEHICLE INFO

RESTROOMS: At Transition
GAS: Chevron (10.0), Owens (10.7)
FOOD: Subway (9.5), Joe's Market (10.0)
ROAD CONDITION: Good
TRANSITION: Pull Out
TRANSITION ADDRESS: SR 12 + Hwy 89 Jct

Route — Climb



ELEVATION PROFILE



LEG 16 - SR12 TO SR14

20.4 Miles - 873' Gain - 151' Loss

Drivers of support vehicles, especially RVs, MUST pull completely into transition parking and not park on the side of the road.

Teams of vehicles parking on the side of the road instead of utilizing transition parking are subject to time penalty and/or disqualification.

RIDER INFO

RIDE CONDITIONS: Shoulder
NET CHANGE: 722
RELAY MILEAGE: 274.5 - 294.9

Turn By Turn

0.0 - Continue South on US-89

SUPPORT VEHICLE INFO

RESTROOMS: At Transition
GAS: Chevron (20.4)
FOOD: None
ROAD CONDITION: Good
TRANSITION: Gas Station
TRANSITION ADDRESS: SR 14 + Hwy 89 Jct

Route — Climb



ELEVATION PROFILE



LEG 17 - SR14 TO MT. CARMEL JCT.

22.4 Miles - 82' Gain - 2329' Loss

gloworm

RIDER INFO

RIDE CONDITIONS: Shoulder
NET CHANGE: -2247
RELAY MILEAGE: 294.9 - 317.3

Turn By Turn

0.0 - Continue South on US-89

SUPPORT VEHICLE INFO

RESTROOMS: At Transition
GAS: Sinclair (18.0)
FOOD: None
ROAD CONDITION: Good
TRANSITION: Parking Lot
TRANSITION ADDRESS: SR 9 + Hwy 89 Jct

Route — Climb

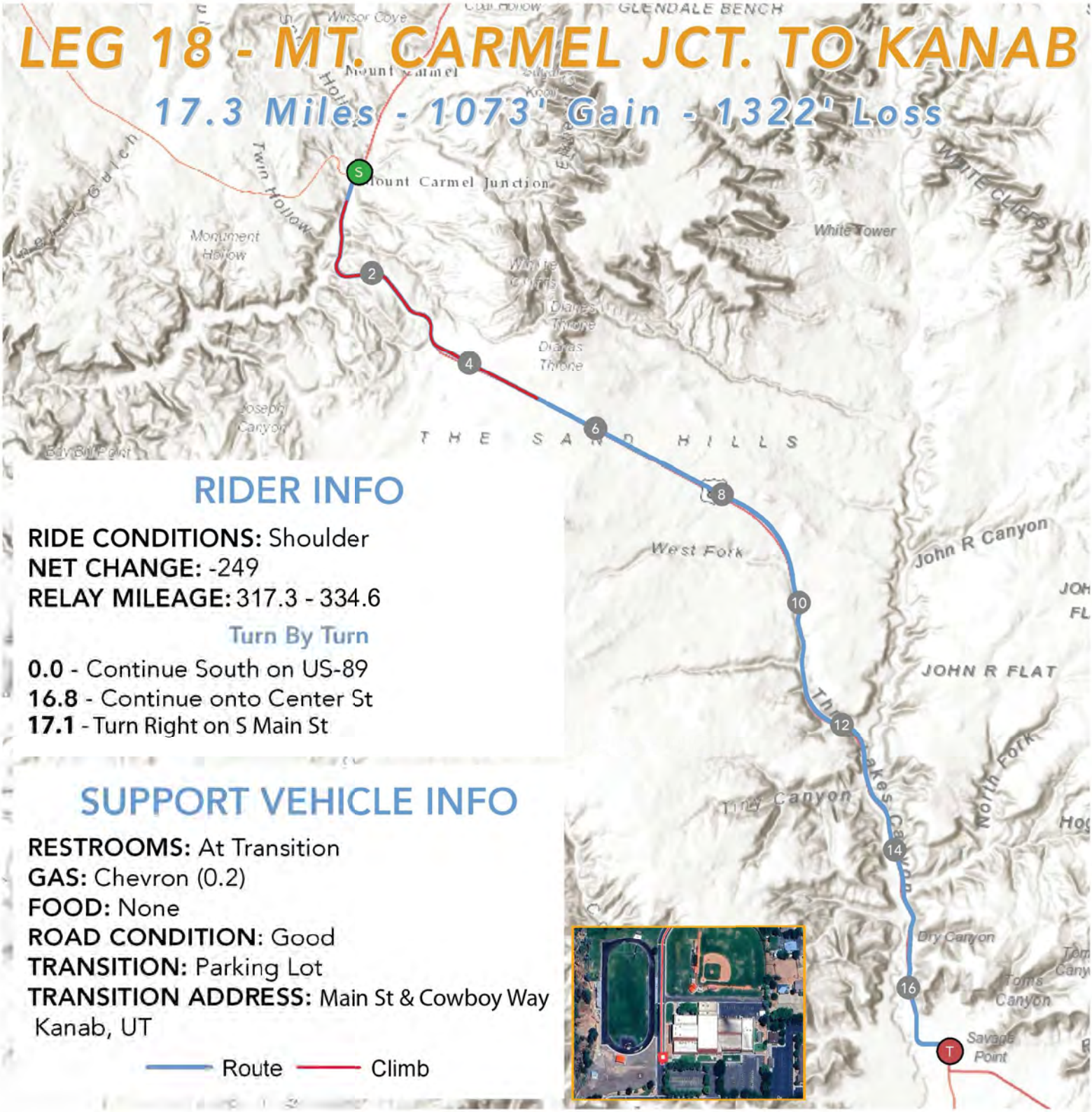


ELEVATION PROFILE



LEG 18 - MT. CARMEL JCT. TO KANAB

17.3 Miles - 1073' Gain - 1322' Loss



RIDER INFO

RIDE CONDITIONS: Shoulder
NET CHANGE: -249
RELAY MILEAGE: 317.3 - 334.6

Turn By Turn

0.0 - Continue South on US-89
16.8 - Continue onto Center St
17.1 - Turn Right on S Main St

SUPPORT VEHICLE INFO

RESTROOMS: At Transition
GAS: Chevron (0.2)
FOOD: None
ROAD CONDITION: Good
TRANSITION: Parking Lot
TRANSITION ADDRESS: Main St & Cowboy Way
Kanab, UT

Route — Climb

ELEVATION PROFILE



LEG 19 - KANAB TO PIPE SPRING NM

20.5 Miles - 528' Gain - 541' Loss

RIDER INFO

RIDE CONDITIONS: Shoulder, Wide Shoulder
NET CHANGE: -13
RELAY MILEAGE: 334.6 - 355.1

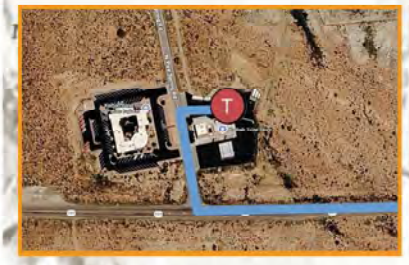
Turn By Turn

0.0 - Continue south on US-89A (Fredonia)
6.8 - Right onto AZ-389/Pratt St

SUPPORT VEHICLE INFO

RESTROOMS: At Transition
GAS: Chevron (0.25)
FOOD: McDonald's, Subway (0.25)
ROAD CONDITION: Good
TRANSITION: Gas Station
TRANSITION ADDRESS: 2 N Pipe Spring Rd
Fredonia, AZ

Route Climb



ELEVATION PROFILE



LEG 20 - PIPE SPRING TO COLORADO CITY

16.8 Miles - 573' Gain - 446' Loss



RIDER INFO

RIDE CONDITIONS: Shoulder
NET CHANGE: -127
RELAY MILEAGE: 355.1 - 371.9

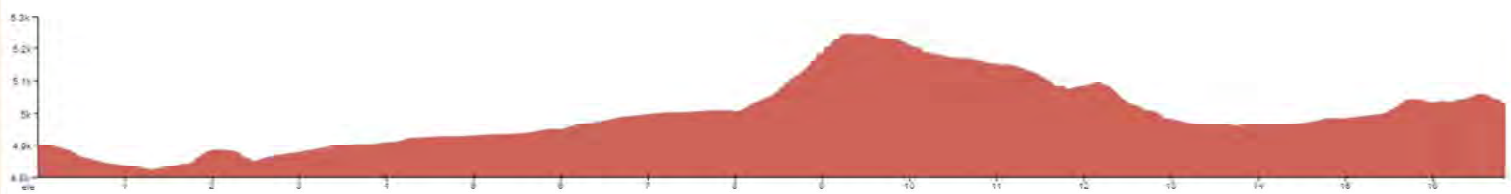
Turn By Turn

0.0 - Continue on AZ-389

SUPPORT VEHICLE INFO

RESTROOMS: At Transition
GAS: Chevron at Beginning of Transition
FOOD: Convenience Stores
ROAD CONDITION: Good
TRANSITION: Chevron / Bee's Parking Lot
TRANSITION ADDRESS: 1045 S Central St
Colorado City, AZ

ELEVATION PROFILE



LEG 21 - COLORADO CITY TO APPLE VALLEY

12.7 Miles - 312' Gain - 576' Loss

RIDER INFO

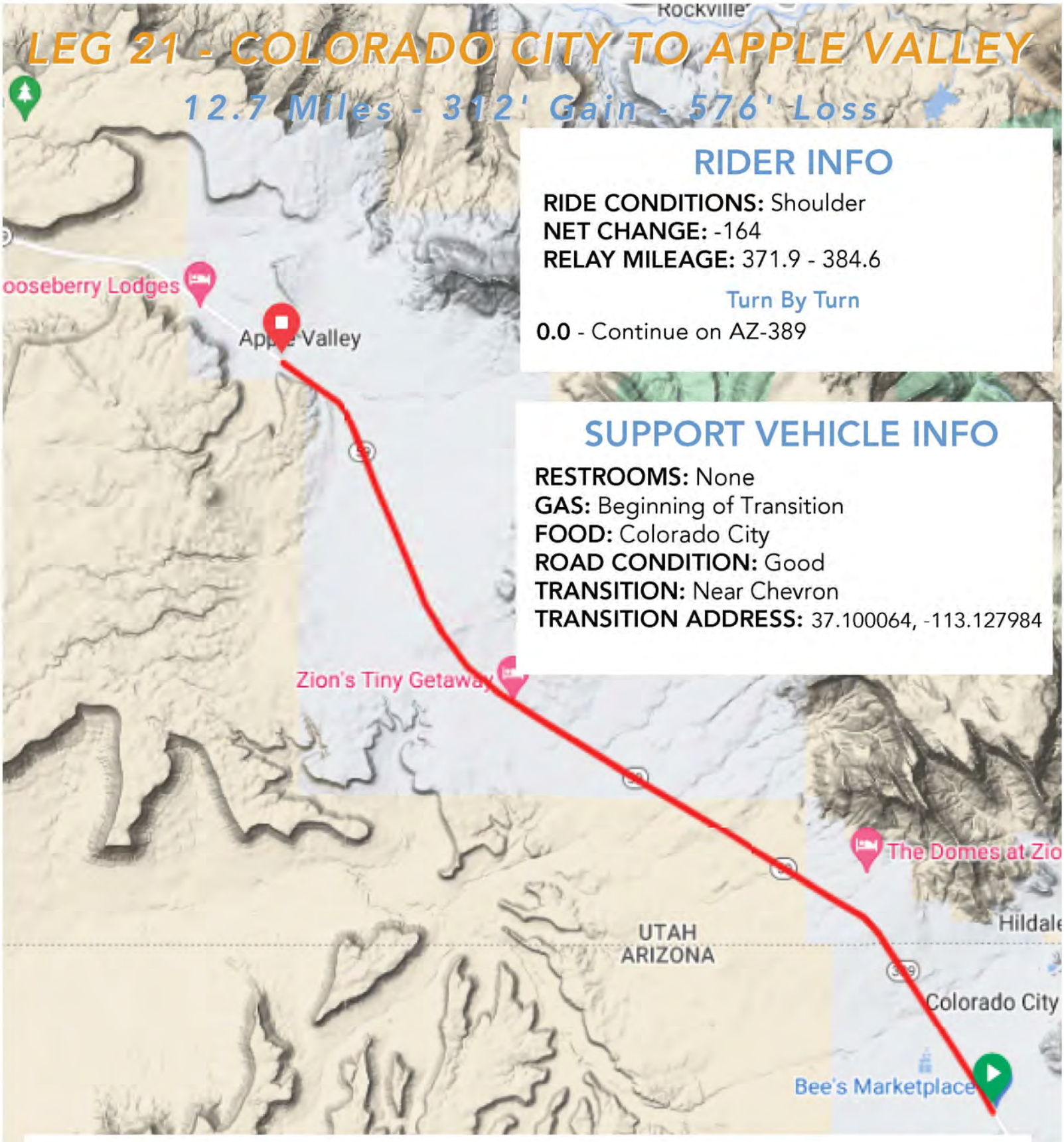
RIDE CONDITIONS: Shoulder
NET CHANGE: -164
RELAY MILEAGE: 371.9 - 384.6

Turn By Turn

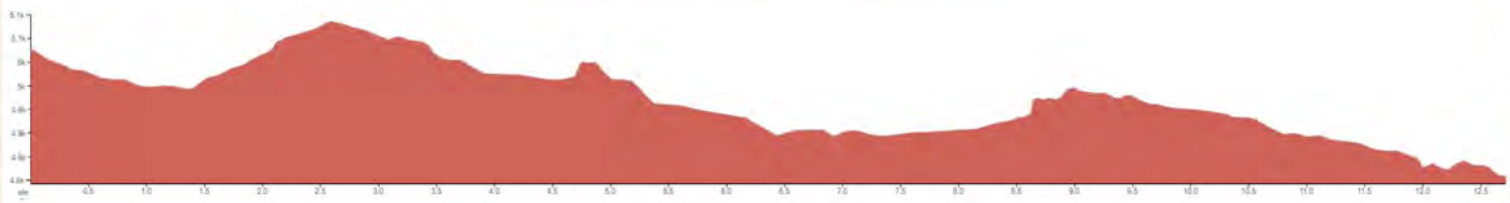
0.0 - Continue on AZ-389

SUPPORT VEHICLE INFO

RESTROOMS: None
GAS: Beginning of Transition
FOOD: Colorado City
ROAD CONDITION: Good
TRANSITION: Near Chevron
TRANSITION ADDRESS: 37.100064, -113.127984



ELEVATION PROFILE



LEG 22 - APPLE VALLEY TO HURRICANE

13.8 Miles - 168' Gain - 1643' Loss

RIDER INFO

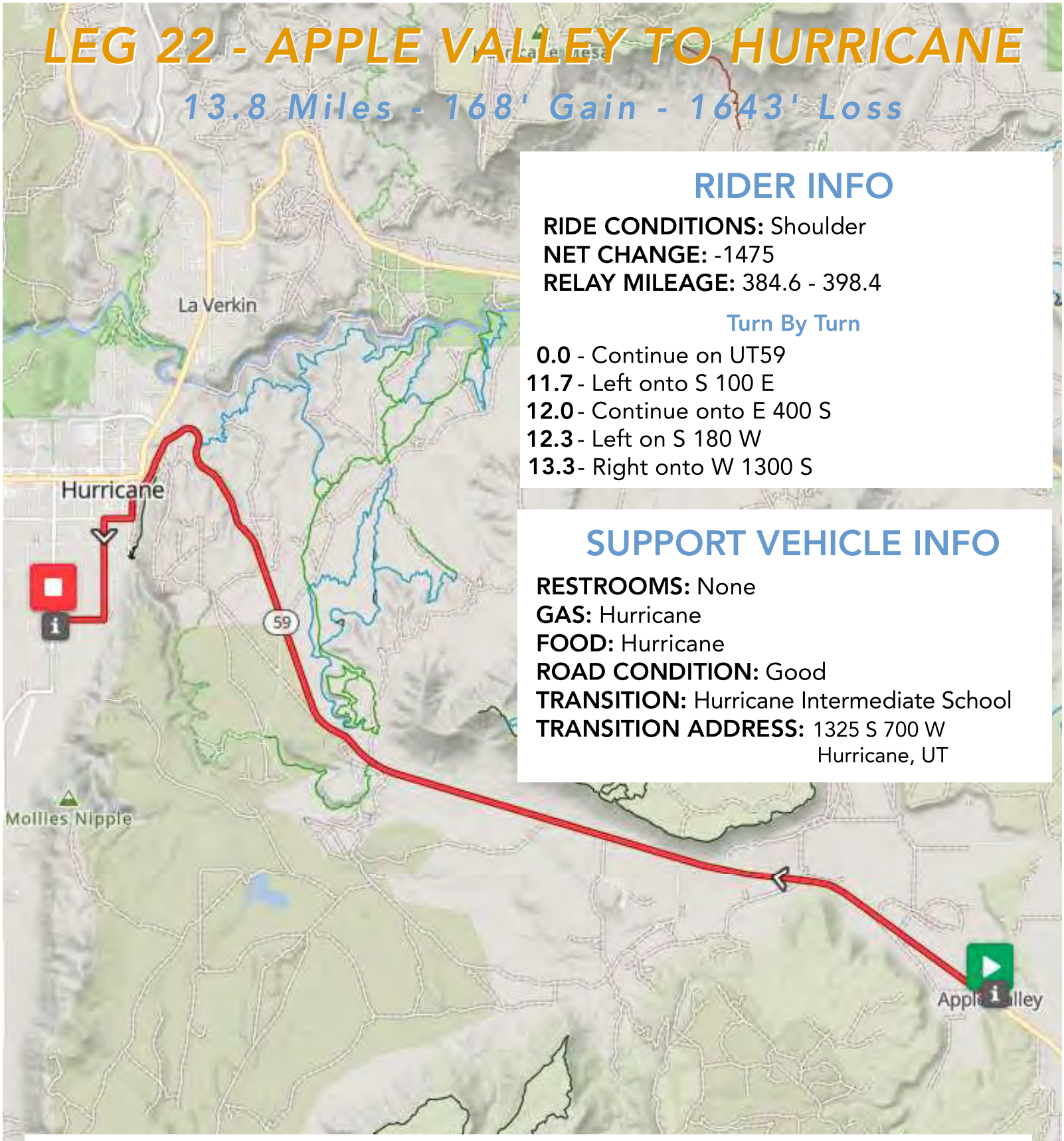
RIDE CONDITIONS: Shoulder
NET CHANGE: -1475
RELAY MILEAGE: 384.6 - 398.4

Turn By Turn

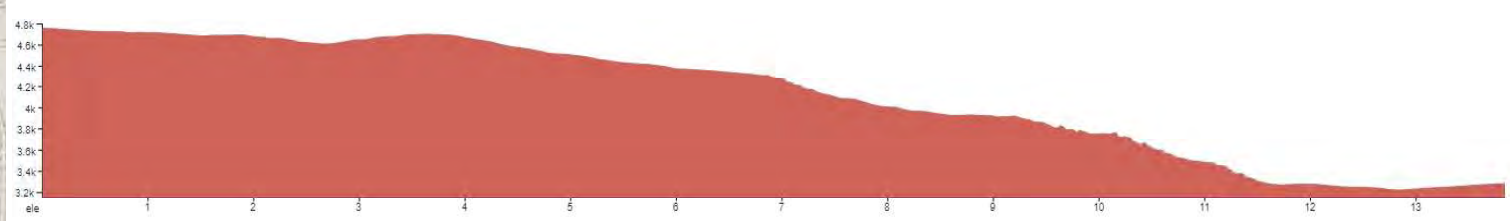
0.0 - Continue on UT59
11.7 - Left onto S 100 E
12.0 - Continue onto E 400 S
12.3 - Left on S 180 W
13.3 - Right onto W 1300 S

SUPPORT VEHICLE INFO

RESTROOMS: None
GAS: Hurricane
FOOD: Hurricane
ROAD CONDITION: Good
TRANSITION: Hurricane Intermediate School
TRANSITION ADDRESS: 1325 S 700 W
Hurricane, UT



ELEVATION PROFILE



LEG 23 - HURRICANE TO WARNER VALLEY

17.8 Miles - 642' Gain - 1160' Loss

RIDER INFO

RIDE CONDITIONS: Shoulder
NET CHANGE: -518
RELAY MILEAGE: 398.4 - 416.2

Turn By Turn

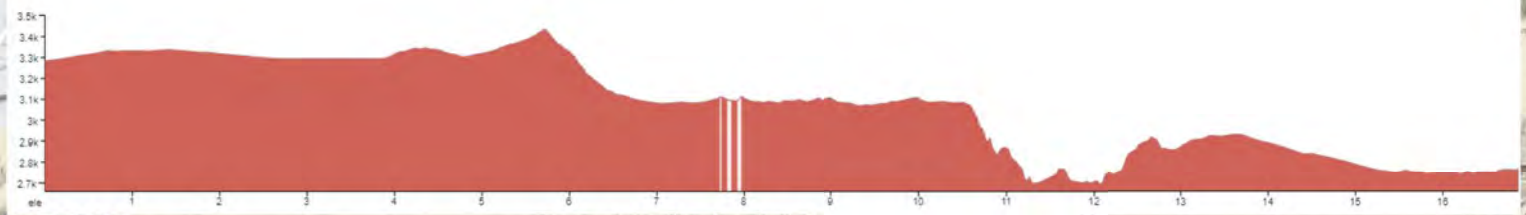
0.0 - Continue on S 700 W / Airport Rd
0.7 - Right onto W 2060 S (Becomes S 1100 W)
2.3 - Right onto 3000 S
4.3 - Left on UT-7 / Southern Parkway
16.7 - Exit, Turn Left onto E Warner Valley Rd



SUPPORT VEHICLE INFO

RESTROOMS: Dirt Lot SE of Southern Pkwy
GAS: Hurricane
FOOD: Hurricane
ROAD CONDITION: Good
TRANSITION: Warner Valley Rd (under overpass)
TRANSITION ADDRESS: Warner Valley Rd / Southern Parkway Dirt Lot

ELEVATION PROFILE



LEG 24 - WARNER VALLEY TO FINISH

13 Miles - 503' Gain - 430' Loss

RIDER INFO

RIDE CONDITIONS: Wide Shoulder
NET CHANGE: 73
RELAY MILEAGE: 416.2 - 429.2

Turn By Turn

0.0 - Continue on Southern Pkwy
10.4 - Cross under I-15
10.6 - Right onto Pioneer Rd
12.6 - Left onto Man O War Rd

SUPPORT VEHICLE INFO

RESTROOMS: At Transition
GAS: None
FOOD: None
ROAD CONDITION: Good
TRANSITION: Park
TRANSITION ADDRESS: 670 Man O War Rd
St George, UT

Route Climb



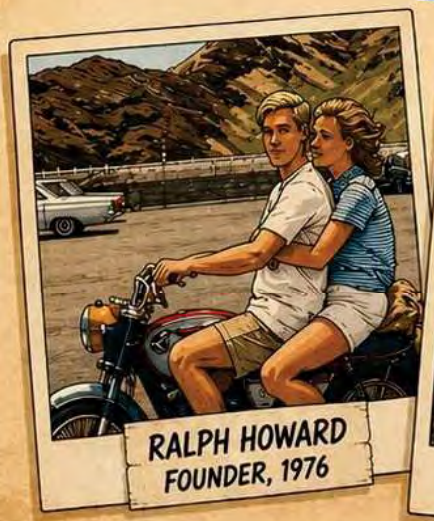
ELEVATION PROFILE



50 YEARS OF THE RIDE

THE BIKE SHOPPE • OGDEN, UTAH

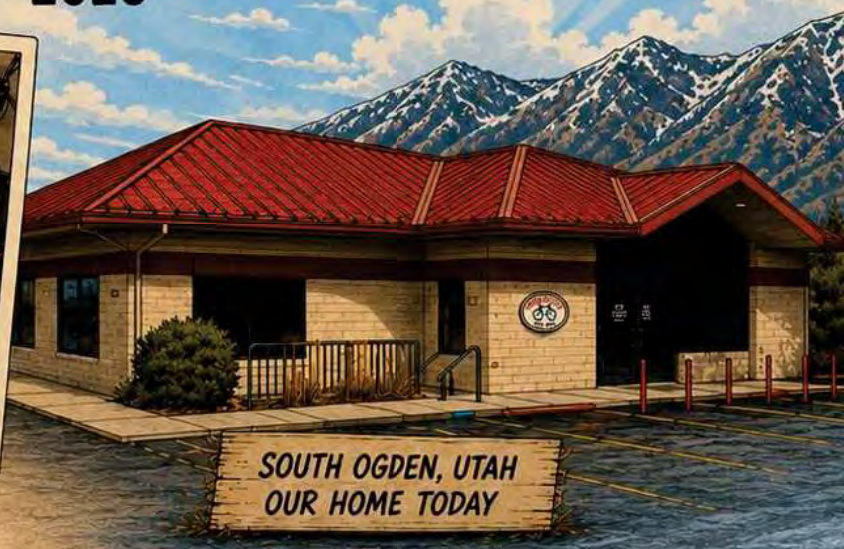
1976 – 2026



RALPH HOWARD
FOUNDER, 1976



MATT HOWARD
OWNER, TODAY



SOUTH OGDEN, UTAH
OUR HOME TODAY

THE BIKE SHOPPE
OGDEN, UTAH

THE BIKE SHOPPE
OGDEN, UTAH

ADVANCED TECH.
ALL-TERRAIN READY.
BUILT FOR TOMORROW.

1976
THE BEGINNING

50
YEARS

2026
THE FUTURE





FROM A SMALL SHOP BY NEWGATE MALL...

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